



Governor Mark R. Warner

invites you to a kickoff

Walk and Health Fair for Healthy Virginians!

Join us at our opening rally at the Bell Tower, to be followed by a walk to the Farmer's Market. There you can enjoy the tempting healthy fare from local restaurants and pick up lots of helpful information to rev up your plans to stay healthy for life!

When: Tuesday, November 9

□ □ 11:30 a.m.

Where: Bell Tower on Capitol Square

BECAUSE A HEALTHY LIFE
IS A BETTER LIFE.